



HISRA Health Screen and Exclusion Guidelines

MASKS ARE RECOMMENDED in HISRA facilities and programs. HISRA programs will follow masking guidelines of facility in which program takes place if guidelines are stricter.

Each employee should complete self-screening questionnaire prior to every shift. In an effort to protect our participants, employees and reduce the risk of spreading the COVID-19 virus you must complete this prior to reporting for your shift or program. Please answer these questions as “is there a difference in how you experience the symptoms during this time of year...is it abnormal for you? Thank you!

<u>STAY HOME</u>	<u>WEAR A MASK/TEST RECOMMENDED</u>
Fever	cough
Sore throat	Congestion
Loss of taste and/or smell	Runny nose and/or clear nasal drainage
gastrointestinal concerns (abdominal pain, vomiting, diarrhea?)	Unexplained headache
Severe cough	Chills
Non-clear nasal drainage	difficulty breathing or shortness of breath
Extreme fatigue	Unexplained muscle aches or fatigue
Two or more of any listed symptom (in both columns)	Anyone in household is COVID positive, waiting on a result or displaying symptoms
	Close contact with someone confirmed COVID positive

(close contact include household contacts, intimate contacts, or contacts within 6 ft for 15 minutes or longer unless wearing N95 mask)

Post-Screening Practices

- An employee or participant who is experiencing any of the symptoms that excludes you from working or attending a program on a pre-shift screening should immediately notify a member of the management team and stay at home.
- An employee who is experiencing any of the exclusionary symptoms while at work or on a mid-shift screening should immediately separate themselves from other employees, customers, visitors, and guests. The employee should notify their supervisor and leave work to return home.
- All sick employees or employees with any symptoms are encouraged to seek a COVID-19 test at a state or local government testing center, healthcare center or home test kit.
- Each case has its own circumstances. HISRA Executive Director will determine next steps based upon circumstances and job duties.



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POSITIVE TEST

If employee or participant is (vaccinated or unvaccinated) asymptomatic, employee may return to programming/work after 5 days depending upon job duties and participant contact/risk. (Day 0 is specimen collection date.)

If an employee or participant is symptomatic (vaccinated or unvaccinated), employee may return to work/programming 5 days (return to work day 6) after positive test and wear a mask for 5 days post return to work/programming. *this could increase depending upon the level of care and contact.* Employee/participant must have no symptoms or improving symptoms.

In both cases the following must happen to return to work/program:

- Fever free without meds for 24 hours
- AND no GI symptoms for 48 hours
- AND must be able to wear a mask for duration of shift/program.

SYMPTOMATIC BUT NEGATIVE/NO TEST

If symptomatic but negative the following must happen to return to work/program:

- Fever free without meds for 24 hours
- AND no GI symptoms for 48 hours
- AND must be able to wear a mask for duration of shift/program until no symptoms.

CLOSE CONTACT

Each case has different circumstances...so contact HISRA management team member immediately.

If fully vaccinated (including booster if applicable or had COVID in last 90 days) no quarantine but must mask at all times at programming for 5 days. We encourage you to test on Day 5 post contact. If any symptom develop, isolate and test.

If unvaccinated (or no booster if applicable) must remain out of work/program for 5 days from last date of contact. Test on day five if possible. If result is negative, can return on day 6 if able to mask and remain 6 feet from others and exhibiting no symptoms.

If positive case is in household:

- Day 1=first date with no contact and no shared spaces and equipment at the same or different times (i.e vehicles, bathroom, kitchen devices, etc)

HISRA will accept PCR, Antigen or at home tests. Report test results verbally to supervisor.

EFFECTIVE 5/1/22