

WINTER
2023
JAN - APRIL



HISRA registration

CONTACT US › 309.691.1929 › HISRA.ORG › [FB @HEARTOFIILSRA](https://www.facebook.com/HeartOfIllSRA)

HEART OF ILLINOIS SPECIAL RECREATION ASSOCIATION › 8727 N PIONEER RD. PEORIA, IL 61615

A COOPERATIVE EXTENSION OF THE
MORTON, PEORIA, CHILlicothe,
AND WASHINGTON PARK DISTRICTS
PROVIDING QUALITY RECREATION
PROGRAMMING AND INCLUSION
SERVICES.

FROM US, TO YOU

Welcome Winter!

Here at HISRA, we're excited for another winter of programming, friends, and memories. As the temperatures drop and we welcome the holiday season, we also welcome some new programs and some old favorites.

Whether you're looking at attending our Sock Hop to boogie down with your friends or are celebrating World Waffle Day with us for our new World Waffle Day Soiree, we've got a variety of new and creative ideas to enjoy. Also new this season is Story Book Stem- an afternoon of art, snacks, and games based on a book the group will read. We will continue the ever popular Pizza and Bowling program as well as attend a Rivermen game to cheer the Rivermen onto victory. This winter, we have something for everyone! We can't wait to celebrate food, friends and fun with you!

REGISTER AT:

ONLINE: HISRA.ORG
FAX: 309.691.1929

DROP OFF IN LOCKED DROP BOX
IN PERSON

8727 N PIONEER RD, PEORIA, IL 61615
M- W: 8:30 am - 4 pm
Th-F: Call for appointment
Office closed: 12 - 1 pm

Reach out for more information on

Volunteering, coaching, job openings, FOCUS, and any other questions or concerns.



Member district transportation is available on select programs

Includes pick ups in Morton at Freedom Hall, Washington at St Clare's Crossing and Chillicothe at Shore Acres Park
Participants must select Member District pick up during registration

▶ registration begins **DECEMBER 13, 2022**

Registration deadlines are two weeks prior to the start date of each program. Unless otherwise specified, all events held at Heart of Illinois Special Recreation Association located at 8727 N PIONEER RD, PEORIA, IL 61615.

HISRA & COMMUNITY

HANGOUTS

HISRA's Hangouts are designed for parents/ caregivers to enjoy an afternoon off while participants spend the evening full of games, crafts and dinner with friends.



[AGES 17+]

1/27	F	5:00-9:00P	\$27/\$37	HWH52207-01
2/4	Sa	5:00-9:00P	\$27/\$37	HWH52207-02
3/3	F	5:00-9:00P	\$27/\$37	HWH52207-03
4/15	Sa	5:00-9:00P	\$27/\$37	HWH52207-04



SPRING SOCK HOP [AGES 15+]



Shake, rattle and roll over to HISRA for our Spring Sock Hop. Grease back your hair and grab your poodle skirts as we Rock and Roll with our friends! Costumes are not required but highly encouraged! Don't forget to eat dinner before the music starts. HISRA will provide snacks for the night.

Dates	Day	Time	R/NR Fee	Class #
3/24	F	7:00-9:00P	\$17/\$22	HWH52250-01

POPCORN & MOVIE NIGHT [AGES 15+]

Cozy up this winter with popcorn and hot chocolate with a HISRA movie night. Wear your pj's and enjoy a night with friends and a movie at HISRA.



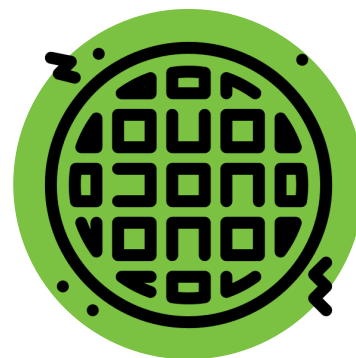
Dates	Day	Time	R/NR Fee	Class #
1/21	Sa	6:30-9:30P	\$20/\$25	HWH52251-01

HISRA & COMMUNITY

WORLD WAFFLE DAY SOIREE (AGES 15+)

Did you know World Waffle Day is March 25th? Celebrate with HISRA with our waffle bar. Do you like sweet or savory waffles? Try them both while you spend your morning with friends at HISRA.

Date	Day	Time	R/NR Fee	Class #
3/25	Sa	10:00-12:00P	\$17/\$22	HWH52252-01



STORYBOOK STEM (AGES 4-16)

Are you looking to grow your child's library, get creative and hang out with friends? Our NEW storybook STEM program is perfect for your kiddos. Join us at HISRA for an afternoon of art, snacks and games all based on a book you read that afternoon. The cost of the book is included in the fee.

Dates	Day	Time	R/NR Fee	Class #
1/28	Sa	1:00-3:00P	\$17/\$22	HWH52253-01
2/25	Sa	1:00-3:00P	\$17/\$22	HWH52253-02
3/25	Sa	1:00-3:00P	\$17/\$22	HWH52253-03
4/29	Sa	1:00-3:00P	\$17/\$22	HWH52253-04

RIVERMEN GAME (AGES 19+)



Join HISRA ice side as we cheer on the Peoria Rivermen to a victory. Make sure to eat dinner before puck drop and feel free to bring money for snacks and souvenirs. This year we are switching things up. Instead of having only 10 people at each game, we have enough tickets for 20 people to enjoy one game with all our friends.

Dates	Day	Time	R/NR Fee	Class #
2/17	F	6:15-TBD	\$37/\$47	HWH54202-01

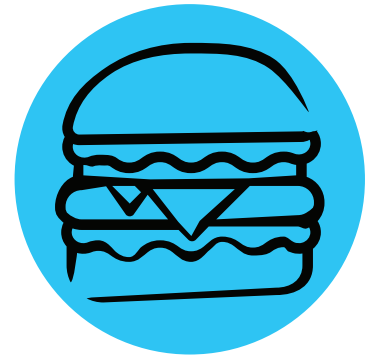


· UPCOMING PROGRAMS ·

HISRA & COMMUNITY

BRUNCH AT GEBBY'S (AGES 19+)

Start your Saturday with brunch with your friends at Gebby's in Peoria. Spend the morning catching up on all the fun you had Friday night at the Night to Shine event. Participants are not required to register for Night to Shine. Your meal is included in the program fee.



Dates	Day	Time	R/NR Fee	Class #
2/11	Sa	9:30A-12:30P	\$35/\$45	HWH54204-01



STRIKERS (AGES 15+)

Strikers is back for 9 weeks of bowling and fun! Bowlers of all skill levels are welcome. We'll celebrate with an end of season celebration at Landmark Lanes. Drop off will be at Landmark Lanes at 4:15 PM and pickup will be at 5:45 or after we complete 2 games.

Dates	Day	Time	R/NR Fee	Class #
2/1-3/29	W	4:15-5:45P	\$88/\$108	HWH54205-01

PIZZA AND BOWLING (AGES 19+)

Is bowling right up your alley? Come join HISRA for pizza and bowling! We'll start the night off with pizza, then hit the lanes for bowling. To top off the night, we will enjoy a sweet treat! To ensure everyone is able to enjoy the fun, we must limit registration to 1 of the 4 events. We will go bowling at one of the local bowling alleys in Peoria. If you need to make arrangements beforehand, please call the office to see where we are bowling that night.



Dates	Day	Time	R/NR Fee	Class #
1/20	F	6:00-9:30P	\$37/\$47	HWH54208-01
2/3	F	6:00-9:30P	\$37/\$47	HWH54208-02
3/31	F	6:00-9:30P	\$37/\$47	HWH54208-03
4/28	F	6:00-9:30P	\$37/\$47	HWH54208-04

HISRA & COMMUNITY

PICNIC IN THE PARK (AGES 15+)

Welcome back Spring with a picnic in the park! We'll pack our lunches at HISRA and head to one of the local parks to have a picnic. We'll hang out with friends, play some outdoor games and maybe even go for a hike before heading back to HISRA for pickup. We will be deciding on which park as we get closer based on accommodations needed. If you need any accommodations, please call our office at 309-691-1929 to make arrangements.



Date	Day	Time	R/NR Fee	Class #
4/22	Sa	11:00A-3:00P	\$27/\$37	HWH54212-01



PEORIA PLAYERS - IN THE HEIGHTS (AGES 19+)

Lights, curtain, action! Join HISRA and experience the magic of the theater with Peoria Players rendition of In the Heights. Make sure to eat dinner before the show but feel free to bring money for concessions during intermission.

Date	Day	Time	R/NR Fee	Class #
3/18	Sa	7:00-TBD	\$37/\$47	HWH54213-01

SPECIAL OLYMPICS AQUATICS (AGES 8+)

Splash into this seasons Special Olympics Swimming program! Practice will be held on Sunday afternoons at The Clubs at River City. Athletes will be swimming hard for the Regional Competition to be held on Saturday, April 1st at the University of Illinois in Champaign. Weekly practice will then continue for those athletes who advance to compete at the SOILL Summer Games held in June! Please be aware that additional training fees will be required for any athlete that advances to the Summer Games. Registration Deadline: 1/6 Practice Begins: 1/22 @ The Clubs at River City 3:30 - 5:30 PM Med App Deadline: 2/27

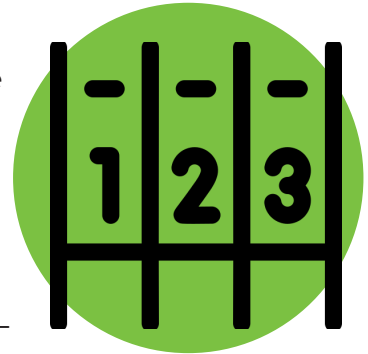
Dates	Day	Time	R/NR Fee	Class #
1/22-3/26	Su	3:30-5:00P	\$50/\$65	HWH56501-01



HISRA & COMMUNITY

SPECIAL OLYMPICS TRACK & FIELD (AGES 8+)

HISRA's Special Olympics Track & Field team will hit the ground running this Winter/Spring season! Practice will be held weekly at the Peoria Notre Dame High School track. The SOILL Spring Games (State Qualifier) will be held on Sunday, April 30th at EastSide Centre in East Peoria. Practice will continue for those who place within the qualifying event and will compete at the SOILL Summer Games (State Competition) held in June. Please be aware that additional training fees will be required for any athlete that advances to Summer Games. Get ready to spend your Winter/Spring getting in shape, competing and spending time with friends! This season will kick off with a pre-season meeting/ practice at HISRA on February 27th at 6PM- Athletes will need to be prepared to select events. Registration Deadline: 2/13 Pre-season Meeting: 2/27 6PM @ HISRA Practice Begins: 3/6 @ Peoria Notre Dame High School Track Med App Deadline: 3/17 Spring Games: 4/30 @ Eastside Centre – East Peoria * NO PRACTICE on 5/1 *HISRA will need to get times and scoring for selected events by March 23. Please make sure you don't miss those first 3 practices or we won't have times.



Dates	Day	Time	R/NR Fee	Class #
2/27-4/24	M	6:00-7:30P	\$40/\$47	HWH56502-01

*All Special Olympics athletes must have a valid 'Med App' on file with both HISRA and Special Olympics Illinois to compete for the entirety of the listed sports season. If you have competed in Special Olympics with HISRA in the past, please check with the HISRA Management Team on the expiration date of the Med App we have on file for you. If your Med App is expired or you have not competed before, please complete the blank Med App found in the back of the brochure.





PARTICIPANT REGISTRATION

IN ORDER TO BE REGISTERED FOR A PROGRAM, ALL THE FOLLOWING INFORMATION/WAIVER MUST BE FILLED OUT, SIGNED, & SENT BACK TO HISRA WITH PAYMENT. MAIL/DROP IT OFF TO 8727 N PIONEER RD. PEORIA, IL 61615. PAPER-WORK CAN ALSO BE FAXED TO (309) 691-1929. **THIS MUST BE SUBMITTED WITH THE ANNUAL INFORMATION FORM.**

INFORMATION

FULL NAME OF PARTICIPANT:

MAILING ADDRESS:

(Program info will be sent here)

-Street, City, State, & Zip

MALE / FEMALE (circle one)

DISABILITY:

PHONE:

BIRTHDAY // AGE:

PRIMARY EMAIL ADDRESS:

* This email is associated with RecTrac & Receipts*

☐ This is an updated email

LEGAL GUARDIAN FULL NAME:

TO REGISTER MAKE SURE YOU HAVE AN UPDATED ANNUAL INFORMATION FORM ON FILE

☐ Filled out the form online at <https://forms.hisra.org>

☐ Have an updated form attached to Registration

☐ Have already submitted a form for this current year

LEGAL GUARDIAN PHONE:

PAYMENT

☐ CHECK

☐ CASH

☐ CREDIT CARD (Contact HISRA at 309 691-1929 or register online via WEBTRAC)

☐ REQUESTING SCHOLARSHIP (Contact HISRA at 309 691-1929)

☐ THIRD-PARTY PAYOR

☐ PAYMENT PLAN FOR BALANCES OVER \$200 (10% Down required)

TOTAL ENCLOSED:

WAIVER (Must be Signed for Participation)

As a participant, I recognize and acknowledge that there are certain risks of physical injury and I agree to assume the full risk of any injuries, including death, damages, or loss which I may sustain as a result of participating in any and all activities connected with or associated with such program. I agree to waive and relinquish all claims I may have as a result of participating in the program against the Heart of Illinois Special Recreation Association and its officers, agents, servants, and employees.

I do hereby fully release and discharge the Heart of Illinois Special Recreation Association and its officers, agents, servants, and employees from any and all claims from injuries, including death, damage, or loss which I may have or which may accrue to me on account of my participation in the program. I further understand and agree that the terms such as "participating," "programs," and "activities," referred to in the Agreement, include all exercises and physical movements of any nature while I am participating in these programs and further include the provision of or failure to provide proper instructions or supervision, the use and adjustment of any and all machinery, equipment, and apparatus, and anything related to my use of the services, facilities, or premises involved in these programs, and transportation to and from any events. I authorize HISRA staff to dispense prescribed medications in their original container or accompanied by a copy of a signed prescription to me/my child. I understand the nature of these programs for which I am registering, and fully understand this Waiver, Release, and Hold Harmless Agreement. I further understand that any advisements or warnings of the particular risks of these programs that I subsequently receive will be incorporated by reference into and become a part of this Agreement. Additionally, in order that the Heart of Illinois Special Recreation Association may better serve the interests of myself/my child, I hereby grant permission for Special Recreation staff to access relevant education and/or medical records. I hereby consent to the use of my/my child's photograph in the Heart of Illinois SRA brochures, publications, or promotional materials.

SIGNATURE OF LEGAL GUARDIAN:

WRITTEN NAME:

Date of Signature:

/ /
MONTH DAY YEAR

Name: _____

Please "X" those programs you would like to register for below

X	TITLE	DATES	MDT	FEE - R/NR
	Adult Hangouts 1	1/27	N/A	\$27/\$37
	Adult Hangouts 2	2/4	N/A	\$27/\$37
	Adult Hangouts 3	3/3	N/A	\$27/\$37
	Adult Hangouts 4	4/15	N/A	\$27/\$37
	Spring Sock Hop	3/24	Chillicothe/Morton/Washington	\$17/\$22
	Popcorn & Movie Night	1/21	N/A	\$20/\$25
	World Waffle Day Soiree	3/25	N/A	\$17/\$22
	Storybook STEM 1	1/28	N/A	\$17/\$22
	Storybook STEM 2	2/25	N/A	\$17/\$22
	Storybook STEM 3	3/25	N/A	\$17/\$22
	Storybook STEM 4	4/29	N/A	\$17/\$22
	Rivermen Game	2/17	Chillicothe/Morton/Washington	\$37/\$47
	Brunch at Gebby's	2/11	N/A	\$35/\$45
	Strikers	2/1-3/29	N/A	\$88/\$108
	Pizza and Bowling 1	1/20	Chillicothe/Morton/Washington	\$37/\$47
	Pizza and Bowling 2	2/3	Chillicothe/Morton/Washington	\$37/\$47
	Pizza and Bowling 3	3/31	Chillicothe/Morton/Washington	\$37/\$47
	Pizza and Bowling 4	4/28	Chillicothe/Morton/Washington	\$37/\$47
	Picnic in the Park	4/22	Chillicothe/Morton/Washington	\$27/\$37
	Peoria Players - In the Heights	3/18	Chillicothe/Morton/Washington	\$37/\$47
	Special Olympics Aquatics	1/22-3/26	N/A	\$50/\$65
	Special Olympics Track & Field	2/27-4/24	N/A	\$40/\$47
TOTAL COST:				

HISRA Transportation Policies & Instructions

HISRA programs will start and end at the HISRA building located at 8727 N. Pioneer Road unless noted in the brochure or if you registering for member district transportation. It is up to the participant/guardian to setup alternative plans prior to the program. Please do so by calling 309-691-1929. If you are riding member district transportation please call our program and weather line at (309) 691 1929 ext. 1111 for pickup/drop off times, location and on call staff.





Heart of Illinois Special Recreation Association
8727 Pioneer Road
Peoria, IL 61615

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